TORIES KEEPING TABS ON REPORTERS, PG 4

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VANCOUVER MONDAY, SEPTEMBER 14, 2009 metro

Celebrity Buzz

Lady Gaga shuns post as Idol judge
pg 18

West ruins Swift's VMA victory

MTV Another awards show, another outburst by Kanye West, who ruined the moment for 19-year-old Taylor Swift at the MTV Video Music Awards last night.

The country singer won for Best Female Video and was in the middle of her acceptance speech when West took the mic from her.

"Taylor, I'm really happy for you, and I'm going to let you finish, but Beyoncé had one of the best videos of all time," he said. West was referring to Beyoncé's video, Single Ladies, which was also nominated.

A deflated-looking Swift didn't finish her speech.

West has been known for flipping out after losing at the VMAs, the Grammys, the American Music Awards and more.

METRO VANCOUVER

GETTY IMAGES

Kanye West

Fashion Week DKNY

BEBETO MATTHEWS/THE ASSOCIATED PRESS

A model wears an outfit from Donna Karan's DKNY Spring 2010 fashion collection during New York Fashion Week yesterday. More coverage, page 16.

Terrace abuzz over NHL game

Pre-season tilt tonight between Canucks, Isles

JEFF HODSON
jeff.hodson@metronews.ca

It's Hockey Night in Terrace.

Hockey fever was running high in the northern B.C. city as it prepared to host a pre-season game tonight between the Vancouver Canucks and New York Islanders.

The city of about 11,000 was named CBC's Kraft Hockeyville for 2009 this spring during a nationwide competition.

"It's a big day for us," said Bob Park, co-chair of the city's Hockeyville committee. "I'm as pumped as pumped can be. This is what Terrace has been waiting for."

There was a festival-like atmosphere in the city yesterday. People wore jerseys and signs were in windows. Intersections were painted: Terrace is Hockeyville.

Roberto Luongo

John Tavares

About 5,000 people flocked to a park yesterday to see the Stanley Cup and meet Hall-of-Famer Brian Trottier and former Canucks Dave Babych and Cliff Ronning.

"The park is buzzing," Park said. "Even Brian Trottier said, 'Wow, there are a lot of people here.' Don Cherry is arriving tonight, Ron MacLean this afternoon. Cassie Campbell is here. The place is on fire and buzzing."

The area will seat 950 people, Park said. Tickets were doled out for tonight's game on a lottery basis. The vast majority — 80 per cent — were given to children.

The rest of the city is expected to watch the game, which will be televised on Rogers Sportsnet, on a five-by-six-metre screen in a city park.

MORE COVERAGE, PAGE 12

Tavares in town?

• There is a chance that Terrace may get to see first-overall pick John Tavares in a Long Island jersey. The lineups will be announced after the planes land, said Bob Park, co-chair of the city's Hockeyville committee.

Police station water doesn't meet standards, report says

JEFF HODSON
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INVESTIGATION The water at Vancouver police stations isn't passing muster.

Concerns over the metallic smell and taste of water prompted the Vancouver Police Department to order quality tests that found the water is below acceptable standards for B.C. and Health Canada.

The report, which recommends that the board reject the city's proposed ban on bottled water, said the water does not pose an immediate or serious health risk.

It does, however, note that four of five VPD facilities had much higher-than-acceptable levels of lead and copper contaminants. The water also had higher-than-normal turbidity.

At police headquarters on Cambie Street, the report recommends flushing the system regularly and super-chlorinating the lines to reduce turbidity.

At three of the buildings, including the Main Street station, the report recommends replacing lead-containing taps, pipes and solder with lead-free components.

News on the Move

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Local

Nash to carry torch in 2010

Victoria's Steve Nash, left, a two-time NBA MVP, has accepted an invitation to carry the Olympic torch during its cross-country trip en route to the 2010 Games in Vancouver and Whistler. The Phoenix Suns point guard said he's not sure where his leg would take place in the relay that begins in Victoria on Oct. 30.

THE CANADIAN PRESS

METRO INTERNATIONAL NEWSPAPER OF THE YEAR
2009 Festival of Media Awards

News in brief

DISGUISE Two men dressed like construction workers were arrested for allegedly attempting to steal two air conditioning units in broad daylight from a Granville Street hotel using a stolen truck.

HIRING A company providing security for the 2010 Vancouver Olympics is hosting an Aboriginal Hiring Day today. Contemporary Security Canada is in the process of hiring for an estimated 5,000 positions and has set a target to hire 1,500–2,000 Aboriginal people.

WEST NILE B.C. has confirmed at least two cases of West Nile virus in horses — a first for the province. Both infected animals are in the Fraser Valley.

CONTROVERSY A postcard campaign by Vancouver Centre Liberal MP Hedy Fry has upset residents in a military community in New Brunswick, CBC News Online reports. The postcards carry the image of a weathered Canadian flag on a backpack and the words, "We used to wear it with pride."

CONVENTION Dana Larsen, the former B.C. NDP candidate who was recently banned from the federal NDP convention in Halifax, successfully attended the Alberta NDP convention.

BACK TO SCHOOL Simon Fraser University has welcomed the largest undergraduate class in the university's history — 24,114 students.

METRO NEWS SERVICES

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WHAT'S ONLINE TODAY

Immigration Guidy Mamann on how to re-enter Canada after receiving a removal order at **metronews.ca/immigration**

Lotteries

Friday, Sept. 11
Lotto Super 7: 14, 19, 23, 28, 32, 40, 46. Bonus 17
Extra: 8, 77, 90, 91

Saturday, Sept. 12
Lotto 6/49: 3, 12, 13, 36, 46, 48. Bonus 9
BC 49: 8, 27, 32, 38, 39, 48 Bonus 18
Extra: 38, 47, 92, 94

These results are not official.

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Reid dances to victory at CCMAs

Johnny Reid danced away with five awards at the Canadian Country Music Association ceremony yesterday, including Album of the Year for his release Dance With Me.

Reid's stack of awards included Video of the Year, Male Artist of the Year, the Fans' Choice Award and Songwriter of the Year for A Woman Like You.

"I was given the opportunity to come to Canada in 1988," said Scottish-born Reid, who moved to Ontario as a teenager. "My mother and father packed up and sold everything they had in search of opportunity. Thank you for giving me an opportunity," he told the crowd.

Reid, who's known for his romantic songs, also thanked the women in his life — his mother, grandmother, wife and "my wee baby that's going to be here in January," he said in his Scottish brogue.

JONATHAN HAYWARD / THE CANADIAN PRESS

Johnny Reid celebrates his CCMA award for Album of the Year last night.

Doc Walker, last year's big winner at the CCMA awards, won again in the Group of the Year category. The Manitoba group's Murray Pulver also won in the Guitar Player of the Year category.

Crystal Shawanda, who grew up on Ontario's Manitoulin Island, won the Female Artist of the Year award. "For me, the award means just validation," Shawanda said after her win. "As an artist you work and you work and you stay on the road and you stay away from family and it just feels like I'm heading in the right direction."

Dean Brody, who grew up in tiny Jaffray, B.C., took home Single of the Year for his track Brothers.

Hosted by actor and director Jason Priestley, the two-hour show featured performances by Reba McIntyre, Martina McBride, Reid, Doc Walker, Shawanda, Aaron Pritchett, Paul Brandt, Terri Clark, George Canyon and Richard Marx.

THE CANADIAN PRESS

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City's police use Tasers less often: Study

JEFF HODSON
jeff.hodson@metronews.ca

Vancouver police officers use stun guns less frequently than other large Canadian jurisdictions.

A report to the police board Wednesday ranks Vancouver as eighth out of 12 jurisdictions in terms of Taser use.

In 2008, VPD used the Taser only 33 times, about once every 11 days. They also showed the weapon, but did not deploy it, another 67 times.

By comparison, Toronto police used Tasers 367 times in 2008. Edmonton police used the stun guns 91 times, Calgary 73 times and Winnipeg 68 times.

At the bottom of the scale, Halifax police used Tasers only five times. Victoria police used theirs 20 times and Hamilton police 25 times.

The report also notes that five jurisdictions, including Montreal and Surrey RCMP, did not return the survey.

Man arrested after home invasion, stabbing

ASSAULT Victoria police have arrested a man accused of stabbing a newlywed woman in the leg after breaking into her home. Sgt. Grant Hamilton says the 18-year-old suspect, who is known to police, was taken into custody Saturday night.

Police say the 26-year-old woman, who had only been married a few weeks, was attacked when she woke up early Wednesday and went downstairs.

The woman was slashed with a knife, severing her femoral artery, vein and nerve to the lower leg.

The victim's husband grabbed the suspect, but let him go to tend to his wife's severe wound.

THE CANADIAN PRESS

Investigation

- Police have called the injuries life-altering. Sgt. Grant Hamilton says the crime touched everyone in the department, sparking some investigators to work around the clock with little sleep.

Union concerned after attack on bus driver

TRANSIT The union representing Vancouver bus drivers is concerned assaults on transit drivers are increasing after the latest ugly incident Friday.

Don Macleod claims attacks have become more common recently.

Macleod said the government must increase penalties against those who attack drivers, which he said should be treated the same as assaulting a police officer.

Police are looking for a man who witnesses say was very drunk and yelling at other riders on a bus in suburban Burnaby on Friday.

The man then urinated inside the bus before being confronted by the driver, who tried to order him off the bus.

Instead, the man punched the driver, damaged the bus's door and broke two of its windows before running off.

THE CANADIAN PRESS

Stanley Park **Terry Fox Run**

JEFF HODSON/METRO VANCOUVER

A woman runs along the seawall in Stanley Park yesterday during the 29th annual Terry Fox Run. About 600 people took part in the event held in Stanley Park, raising about $90,000.

Disney cruising into town in 2011

TOURISM Vancouver's sagging cruise ship business is getting a boost with word the Disney Cruise Line will offer Alaskan cruises out of the city starting in 2011.

The company says the Disney Wonder will sail from Vancouver from May to August, calling on the Alaskan ports of Juneau, Ketchikan and Skagway.

The 320-metre ship can carry 2,400 guests.

The news is welcome to the Port of Vancouver after four lines dropped the city from their ports of call over the past year, switching destinations to Seattle and Victoria.

The loss is estimated to have cost the city $150 million.

THE CANADIAN PRESS

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Man prosecuted for smuggling snakes gets bitten by law on both sides of border

The Buffalo News reports that Emanuele Tesoro has received a $5,000 fine and a three-year conditional discharge from a county judge in Lockport, N.Y. after pleading guilty to illegal commercialization of wildlife. The 42-year-old man from Waterdown, Ont., has already drawn $6,000 in fines and 90 days in jail in Canada for smuggling rare rattlesnakes. THE CANADIAN PRESS

Canada

Manifesto reading leads to boycott

Singer Luck Mervil, left, reads the FLQ manifesto during a 24-hour long series of public readings on the Plains of Abraham in Quebec City yesterday. Thousands of people gathered for a commemoration that became controversial over the inclusion of the FLQ document. The decision to include the manifesto led most federalists to boycott the event. THE CANADIAN PRESS

Watching the watchdog in Afghanistan

Reporters embedded at Kandahar Airfield monitored by Canadian government

War correspondents covering Canada's efforts in Afghanistan have many faithful followers, but none more faithful than their own government.

Documents obtained by The Canadian Press detail how carefully reporters embedded with the military at Kandahar Airfield are monitored by officers in the field.

The reports are then circulated widely to officials back in Ottawa.

The records, obtained under Access to Information legislation, show what reporters are asking about, what they are writing about and what they have been told are the subject of regular briefing notes shared with everyone from officers in Kandahar to commanders in Ottawa to civilian officials reporting to the prime minister.

Chris Waddell, a journalism professor at Carleton University, says nobody should be surprised that reporters are monitored. But the extent of the effort shows how careful the Harper government is about the message from Afghanistan.

"If reporters are thinking they're going over there and not being watched, think again. There is a huge attempt to manage the media." Chris Waddell, journalism prof

"They want to control the media and want to control what's going on and what's coming out from the ground in Kandahar," says Waddell. "They don't want to be surprised in question period."

At least six agencies receive the briefing notes, including the Department of Foreign Affairs, the Canadian International Development Agency, the military's psychological operations office, the military auditor and the Privy Council Office.

Public affairs officers in Kandahar and their civilian counterparts are often the only ones embedded reporters can ask for interviews or information. That position gives them an inside look not only at what stories have been filed, but where reporters are going with their inquiries. The information forms the bulk of the carefully detailed briefing notes filed almost daily.

"If reporters are thinking they're going over there and not being watched, think again. There is a huge attempt to manage the media," says Waddell.

THE CANADIAN PRESS

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News in brief

FUNDING Industry Minister Tony Clement's office directed bureaucrats to "scrutinize activities" of major tourism events up for stimulus funding, just two weeks after Toronto's Gay Pride festival received a federal grant. Documents suggest Clement had a direct hand in dumping cabinet colleague Diane Ablonczy from the program. THE CANADIAN PRESS

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Sources say gov't could fall by Friday

POLITICS A critical vote that could bring down the minority Conservative government has been tentatively scheduled for next Friday, sources tell The Canadian Press.

The so-called ways and means motion is usually a routine matter that signals an impending vote on a budget bill, but this time might act as the trigger that launches an election.

Conservative sources say the motion is likely to be introduced Sept. 18, and as per parliamentary rules must be voted on immediately. Prime Minister Stephen Harper will have just returned from a trip to the United States, and would be ready to visit the Governor General and kick off an election.

THE CANADIAN PRESS

Layton

• NDP leader Jack Layton told the annual convention of Alberta's NDP Sunday New Democrats have a chance to force the governing Conservatives to pay attention to the needs of Canadians.

Memorial **killed in the line of duty**

FRED CHARTRAND/THE CANADIAN PRESS

Sarah Larochelle, widow of fallen Varennes, Que. firefighter Mathieu Edmond, kisses her daughter during the National Memorial Service for firefighters who died in the line of duty, at a ceremony on Parliament Hill in Ottawa yesterday.

Environmental ruling chalks one up for B.C. minnow

FISH A ruling involving a little-known B.C. fish is being called one of the most important environmental law decisions ever to come out of a Canadian court.

Legal experts say the Federal Court ruling on the Nooksack Dace could affect how the feds manage endangered species.

Several environmental groups challenged the Fisheries Department in Federal Court over its management of the Nooksack dace, a small minnow that only lives in four freshwater streams near Vancouver.

Justice Douglas Campbell agreed, and in a strongly worded decision chided the fisheries minister.

THE CANADIAN PRESS

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127-year difference for honoured Mounties
Two fallen Mounties who died more than a century apart were honoured during the RCMP's national memorial service yesterday. Const. George Johnston died in May 1882, while Const. James Lundblad died in May of this year. THE CANADIAN PRESS

Sarah McLachlan **Benefit concert**

DARRYL DYCK/THE CANADIAN PRESS

Sarah McLachlan performs during a benefit concert at Ambleside Park in Vancouver on Saturday. All proceeds from the concert go to the Sarah McLachlan Foundation, which provides free music programs to youth in under-served communities.

N.L. fisherman search ongoing

Officials continued a painstaking search for a missing fisherman yesterday, a day after he and four others abandoned their shrimp boat when it suddenly lost speed and began taking in water in rough seas off eastern Newfoundland.

One man was confirmed dead, while three survivors were treated for mild hypothermia in a St. John's, N.L., hospital and released late Saturday.

Jeri Grychowski of the Joint Rescue Co-ordination Centre in Halifax said two coast guard vessels, a Cormorant helicopter, a Hercules aircraft and several commercial fishing boats were criss-crossing a grid about 80 kilometres east of St. John's yesterday.

Weather conditions were initially good, but the forecast was calling for heavy winds and rains later in the day which could hamper the search for the man, who was wearing an immersion suit when he fled the sinking craft.

The suit could allow someone to survive for about 36 hours in the water, which was about 10 C.

"We're still searching and we're going to continue searching, but the weather is going to be a factor," Grychowski said.

"We're still hopeful."

According to the RCMP, the unidentified deceased man was from Calvert, N.L.

"We're still searching and we're going to continue searching, but the weather is going to be a factor." Jeri Grychowski, Halifax JRCC

THE CANADIAN PRESS

Cancer drug coverage is 'patchwork': Report

HEALTH A patchwork system of coverage for cancer drugs across the country means patients are being denied equal access to life-saving treatments, says a report by the Canadian Cancer Society.

The report, released today, says patients in some provinces will have cancer drugs covered under comprehensive insurance plans, while those in other jurisdictions must pay some or all of the cost from their own pockets.

And with most newer cancer drugs carrying price tags that can run into thousands of dollars, the burden of paying for life-saving treatments can mean financial disaster for some Canadians, the society says.

"It is increasingly becoming the fact that your ability to get the drugs you need is dependent upon where you live and how much money you have," said Dan Demers, director of national public issues for the Canadian Cancer Society.

"In our minds, that's not universal health care."

Although cancer medications given in hospitals are paid for by the health-care system, that isn't the case once a patient is discharged, said Demers. "If they're administered at home, the individual is responsible for paying for them."

THE CANADIAN PRESS

Energy key in meeting of eastern leaders from U.S., Canada

DISCUSSIONS A regional blueprint for energy will be one of the major topics when the New England governors and eastern Canadian premiers meet this week in Saint John, N.B.

Each province and state is looking for ways to increase its share of the energy market — especially with green energy — and facing the common problem of an inadequate transmission grid.

Exporting clean wind, hydro and nuclear power from Eastern Canada to the energy-hungry states along the eastern seaboard has been a topic of discussion for the elected leaders for years, but the pressure is on to take action.

Earlier this month, Newfoundland and Labrador Premier Danny Williams accused Hydro-Quebec of economic protectionism, by trying to block the Lower Churchill project to protect its own interests.

THE CANADIAN PRESS

News in brief

PIPELINE EXPLOSION There were no injuries reported after a pipeline explosion in northern Ontario Saturday. CTV News says eyewitnesses indicated that flames reached more than 100 metres in the air, but Ontario Provincial Police describe it as minor in nature. The OPP say an evacuation order was issued for residents living within a kilometre of the explosion.

LOTTERY BAN Ontario Premier Dalton McGuinty is gambling that a new ban on lottery retailers buying tickets from themselves and other public service "accountability measures" will limit the damage from a summer of scandals on his Liberal government. Scrambling as the fall legislative session resumes today, McGuinty will hold a news conference to unveil proposals for limiting suspicious insider lotto wins.

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Comment

The only thing worse than change is ...

HineSight

Anne Hines

metronews.ca/hinesight

Today I find myself contemplating one of the great truths of existence. The only real constant in life is this: Everything changes.

In mid-September, change is everywhere. Leaves turn colour, kids are back at school, life returns to normal. This week I head back to college, completing my training to become a United Church minister. Returning to school in my forties was a huge life change. I knew there would be people in my class who were younger than me.

I just didn't realize they would be the teachers.

Experts tell us we should "approach change in a calm, rational manner, anticipating advantage and welcoming new challenge." They should add, "Also, you should learn to fly."

SunnySide

The fact is, most humans react to change in a similar way. We don't like it. The only thing we like less than things changing, in fact, is things not changing. Change equals hysterical worrying about what life will look like now. No change equals total, mind-numbing boredom.

In order to help readers handle whatever change September brings, here's a handy questionnaire.

How change-ready are you?

1. Your boss announces a new program of "internal systems restructuring." Do you: a) Anticipate updating your skills.

b) Anticipate updating your resumé.

2. When faced with significant change do you see it as: a) An exciting opportunity to explore interesting new ways of being.

b) An exciting opportunity to explore interesting new medications.

3. Change is simply nature's way of: a) Effecting necessary renewal.

b) Making us all totally crazy.

4. Those best equipped to profit from difficult life changes are: a) Confident, realistic people.

b) Divorce lawyers.

5. To be assured that some things endure and never change, you have only to look at: a) The deep, abiding spiritual wisdom of the mystics.

b) Those extra five pounds on your hips.

If you answered mostly a), you're well equipped to handle change. If you answered mostly b), you are well equipped to end up hiding under the bed.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

Views

Time is right for ready-made architecture

InTransit

Derek Moscato

dmoscato@yahoo.com

What is it about prefabricated homes that turn otherwise friendly neighbourhood folks in Metro Vancouver into frothing-at-the-mouth Nimbies?

Earlier this month, some residents in the District of North Vancouver were so infuriated by the arrival of four of these housing units to their cherished cul-de-sac that they used their cars to barricade the lots these homes were set to move onto. In the process, they claimed the ready-made architecture would turn their block into — horror of horrors — a trailer park.

But the decent-looking homes will stay, at least for now. That's because the site's owner has followed every zoning bylaw in the rulebook. Despite the local backlash, the city bureaucrats' hands are tied.

"I think what we have here is an esthetic issue," is what North Vancouver Mayor Richard Walton said about the controversy.

We have an esthetics issue, all right, but it's not about prefab housing units mucking up the view for some self-interested homeowners. The real ugliness relates to housing affordability in our region — where zoning bylaws uphold the sky-high prices of housing. In the District of North Vancouver it's not uncommon to see even modest homes selling for more than $1 million.

With prices like that, how can working families ever expect to have a decent roof over their heads?

Which is why prefab housing makes sense. Like laneway housing, it's a creative way of delivering density and growth to neighbourhoods where too few residents occupy far too much of the land.

To his credit, the level-headed Walton has publicly noted that more prefab housing is being built across Metro Vancouver. But the barricade protest he dealt with represents a critical crossroads for this region.

We can acquiesce to the wishes of established homeowners — or we can start thinking outside of the single-family box, to deliver more flexibility and affordability to everybody else.

Derek Moscato is a writer with a focus on urban issues, transportation, architecture and economics; dmoscato@yahoo.com.

MICHAEL DE ADDER

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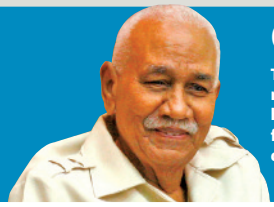
Contractor murdered on U.S. base
The U.S. military says a civilian contractor was shot and killed on an American base in Iraq yesterday. THE ASSOCIATED PRESS

World



Cuban VP mourned

Tens of thousands of Cubans lined up yesterday to pay their respects to Juan Almeida Bosque, left, a vice-president and hero of the country's 1959 revolution whose death at 82 further thinned the ranks of the communist-run country's old-guard leaders. THE ASSOCIATED PRESS

Dozens dead after Kazakhstan fire

ALMATY Fire roared through a drug treatment centre in Kazakhstan with a history of safety violations, killing 37 people as patients tried to escape through barred windows, officials said. The blaze broke out late Saturday and quickly spread through the single-story Soviet-era building. About 40 people were evacuated from the building, emergency officials said.

At the city morgue, a sister of one of the victims berated police.

"They came and took him away because he was drinking too much. They said they were taking him away for six months to cure him of alcoholism but now he's dead," she wailed.

There have been almost 10,000 fires in Kazakhstan in the first eight months of 2009, according to government statistics.

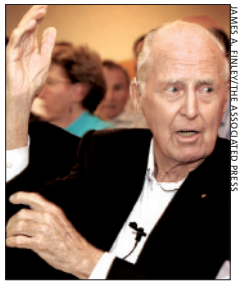
THE ASSOCIATED PRESS

'The man who fed the world' dead at 95

Agricultural scientist Norman Borlaug, the father of the "green revolution" who won the Nobel Peace Prize for his role in combating world hunger and saving hundreds of millions of lives, died Saturday in Texas, a Texas A&M University spokeswoman said. He was 95.

Borlaug died Saturday night at his home in Dallas from complications of cancer, school spokeswoman Kathleen Phillips said. Phillips said Borlaug's granddaughter told her about his death. Borlaug was a distinguished professor at the university.

The Nobel committee honoured Borlaug in 1970 for his contributions to high-yield crop varieties and bringing other agricultural innovations to the developing world. Thanks to the green revolution, world food production more than doubled between 1960 and 1990. In Pakistan and India, two of the nations that benefited most from the new crop varieties, grain yields more than quadrupled over the period.



JAMES A. FINLEY/THE ASSOCIATED PRESS

Nobel Peace prize winner Norman Borlaug talks in this 2005 file photo.

"Norman E. Borlaug saved more lives than any man in human history," said Josette Sheeran, executive director of the UN World Food Program. "His heart was as big as his brilliant mind, but it was his passion and compassion that moved the world."

THE ASSOCIATED PRESS

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Israel, U.S. hoping for middle ground

MIDDLE EAST Israeli Prime Minister Benjamin Netanyahu, speaking on the eve of a key meeting with the White House Mideast envoy, said yesterday that differences remain with the U.S. over resuming peacemaking with the Palestinians. Netanyahu delivered the assessment before flying to Cairo for talks with Egypt's president, a main mediator in efforts to restart peace talks. Today he is scheduled to meet George Mitchell, U.S. President Barack Obama's envoy. The Obama administration, with Mitchell as the point man, has been pressing Israel to declare a halt to construction in its West Bank settlements. Palestinians claim the West Bank as part of their future state. Netanyahu, whose Likud Party is ideologically committed to expanding settlements and holding on to the West Bank, has been bargaining for a compromise that would allow some building to continue.

Palestinians are insisting they will not resume peace talks until Israel completely stops its West Bank construction. THE ASSOCIATED PRESS

Peace possibilities

- One possible scenario was published yesterday by the Israeli daily Haaretz. It quoted unnamed European diplomats as saying negotiations would concentrate on drawing a border between Israel and a Palestinian state.

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Campus bans the bottle

Students at the University of Winnipeg will have to stock up on reusable bottles as they head back to class this month. The school has banned the supply and sales of bottled water — the first school in Canada to do so. METRO NEWS SERVICES

Going Green

Did you know?

Bottled water is a $100-billion industry annually, while tap water is more heavily regulated and is virtually free — up to 10,000 times cheaper, the Earth Policy Institute says.

METRO NEWS SERVICES

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

Water, water everywhere — or is it?

EarthTones

Sophia Dore & Andrew Laursen

metronews.ca/earthtones

It's 1 a.m. and I am awakened by the sound of a running toilet. Laying there listening to the water trickle endlessly, I remember that the baby's diapers need to go in for another wash cycle. Then I try to remember if I paid the unusually large water bill from filling the pool this summer. And there's something else nagging at the back of my mind — oh, yeah, we're supposed to write about water conservation.

Canada is a fairly wet country. Lakes, reservoirs, and streams cover about seven per cent of our total land surface area. Most Canadians live near a body of water — in fact, most live near the shores of the Great Lakes and St. Lawrence River. Standing on the shore of Lake Ontario it is hard to imagine water as a finite resource. When we turn on the tap, water comes out. What's the problem?

At home, the greatest challenge is providing access to clean and safe drinking water. The needs of people for drinking water compete most strongly with the needs of agriculture for irrigation, and to a lesser extent, the needs of industry. In fact, around the world, 70 per cent of water extracted for all uses goes to agriculture. When the water is returned through drainage to streams or seepage to aquifers, it is often polluted. The pool of freshwater that can safely be consumed is shrinking while the population's need for water is growing.

So, what do we do? In wealthy countries, we have two options: Treat water, removing these pollutants, or abandon our polluted freshwater sources and turn to the sea. Water treatment is an energy-intensive enterprise, desalination even more so. So, treating and conserving our freshwater it is. Energy conservation has reached our collective consciousness, but we fail to make the connection between water conservation and energy conservation. We will only appreciate the importance of conserving water when we understand where our water comes from and what the economic and environmental costs are.

"When we turn on the tap, water comes out. What's the problem?"

Beyond our borders, access to safe drinking water cannot be taken for granted. Lack of infrastructure and high energy costs may discourage the treatment of drinking water. The most recent United Nations World Water Report finds that "physical and economic water scarcity and limited or reduced access to water are major challenges facing society and are key factors limiting economic development in many countries." The report also finds that we are not on track to meet the U.N.'s goal of improved sanitation for most of the world's population. These two factors set the stage for a global water crisis.

Economic development and epidemic prevention in the world's poorest countries, then, requires improved sanitation coupled with conservation practices. Where do we fit in? Obviously, we can provide aid such as capital for infrastructure projects. We can also play a role as consumers. We need to educate ourselves and avoid imported food products that are water resource intensive — that includes bottled water. And I need to fix my toilet.

Sophia Dore is an environmental scientist with Conestoga-Rovers & Associates. Andrew Laursen is an assistant professor at Ryerson University; earthtones.metro@gmail.com.

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Technical employees at Jazz Air accept new agreement

Technical workers at Jazz Air have ratified a new three year contract that provides a six per cent pay increase over the three years. The roughly 900 workers, represented by the Canadian Auto Workers, approved the deal by a margin of 61 per cent. THE CANADIAN PRESS

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

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Road bump **Tire tariff irks China**

ANDY WONG/THE ASSOCIATED PRESS

A woman with car accessories passes by a tire store in Beijing yesterday. U.S. President Barack Obama's decision to impose trade penalties on Chinese tires has infuriated Beijing at a time when the U.S. needs Chinese help on climate change, nuclear standoffs with Iran and North Korea and the global economy.

Business in brief

FANTASY FACELIFT Walt Disney World will embark on a facelift for the Fantasyland area of the Magic Kingdom, in what the resort calls the biggest overhaul in the Florida theme park's 38-year history. Plans include adding a lavish ride based on The Little Mermaid. THE ASSOCIATED PRESS

A cheque away from disaster?

Nearly 60 per cent of Canadians would have trouble paying the bills if their paycheque was delayed by a week, a poll suggests.

The Canadian Payroll Association survey says not only are the majority of Canadians living paycheque-to-paycheque, but they have little ability to put money away for their retirement. The survey said 59 per cent of Canadians would have trouble making ends meet if they missed a paycheque.

Of those surveyed, the younger workforce felt the greatest pinch. The survey said 45 per cent of people aged 18-to-34 would be difficult or very difficult to make ends meet if a paycheque were delayed. Another 21 per cent in that age group said it would be somewhat difficult.

The survey also found that 50 per cent of Canadian workers can't save more than five per cent of their net pay for retirement. THE CANADIAN PRESS

72 The percentage of single parents who said missing a paycheque would cause a problem for meeting financial obligations.

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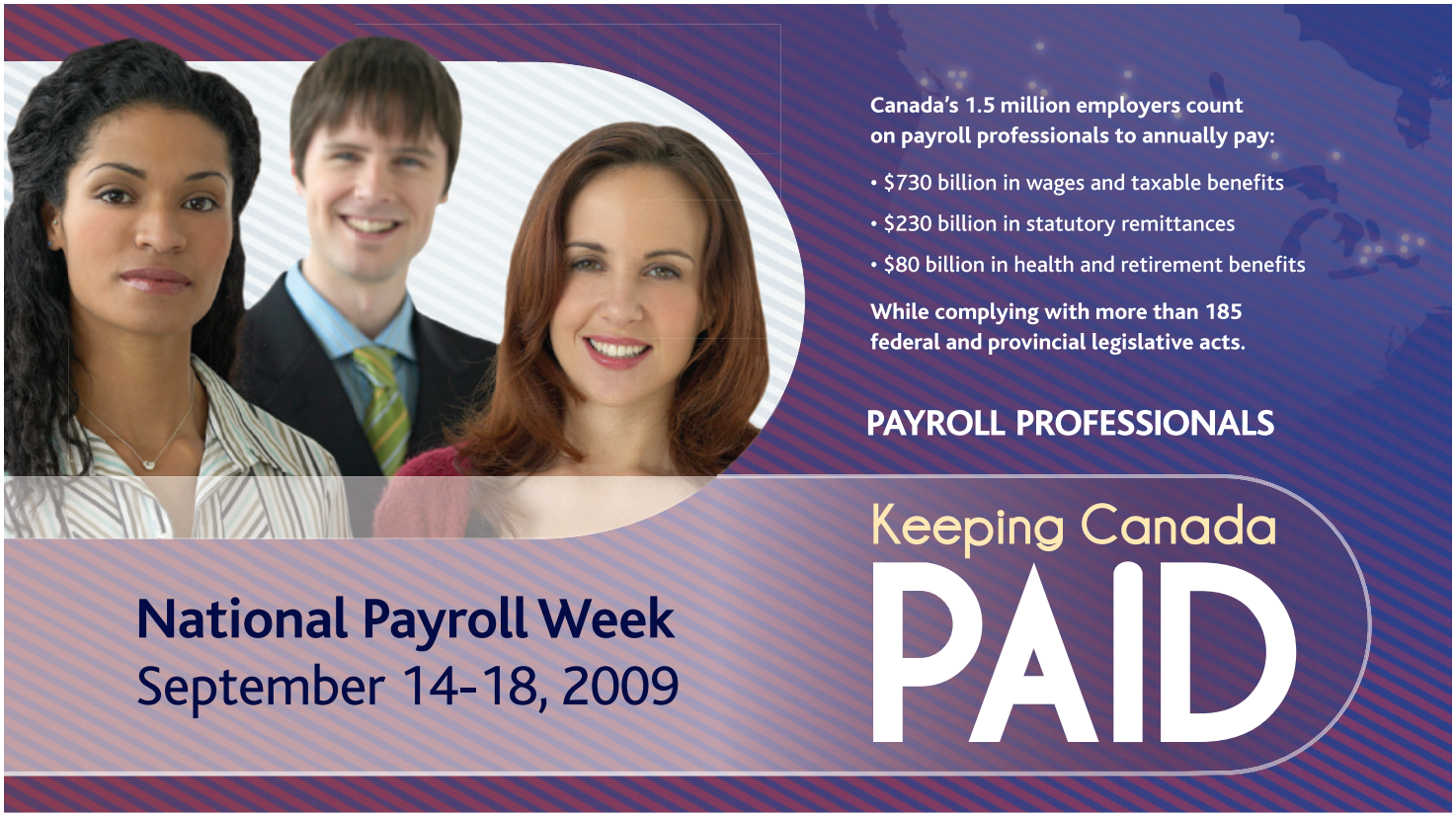
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Barrichello wins Italian GP

Rubens Barrichello yesterday picked up his second win in three races to lead a Brawn GP 1-2 finish at the Italian Grand Prix. Barrichello and teammate Jenson Button both made the podium thanks to one-stop strategies to lead the sweep at the Monza circuit. Kimi Raikkonen of Ferrari finished third. THE ASSOCIATED PRESS

Sports

Signing raises questions

When Julian de Guzman, left, signed with Toronto FC last weekend he became the highest profile Canadian soccer player to leave Europe and join a Major League Soccer team. Despite the fact he'll play on a regular basis with other members of Canada's national team, the move may be a bad one for Canadian soccer. To find out why, read Ben Rycroft's It's Called Football at metronews.ca/sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Sports in brief

GOLF Tiger Woods won the BMW Championship yesterday for his sixth victory of the year, assuring himself the No. 1 ranking going into the final tournament of the FedEx Cup.

TRACK Usain Bolt finished his season with another victory yesterday, cruising to win the 200 metres in 19.68 seconds at the World Athletics Final.

LPGA Jiyai Shin shot a 7-under 64, then won in a sudden-death playoff to capture the P&G Beauty NW Arkansas Championship yesterday.

BASEBALL Ichiro Suzuki has become the first player in major league history with at least 200 hits in nine straight seasons. The Seattle Mariners' right-fielder set the mark with an infield single in the second inning of the nightcap of doubleheader against the Texas Rangers.

THE ASSOCIATED PRESS

Battle to be No. 2

Schneider, Raycroft seeking to back up Luongo

They are two goaltenders at the opposite ends of their careers, fighting for the same job with the Vancouver Canucks.

The future lies ahead for Cory Schneider while veteran Andrew Raycroft may be down to his last chance in the NHL as the two battle for the backup position behind Roberto Luongo.

Schneider, 23, has youth and potential on his side. Raycroft, 29, has veteran experience, but a sketchy track record.

The salary cap, the best option for Schneider's development, and which player has the better mentality to spend most of the winter watching Luongo play are all factors expected to contribute to Canucks management's decision.

Money a factor?

- Andrew Raycroft will be paid $500,000 US this season whether he plays in Vancouver or for the AHL's Manitoba Moose. Cory Schneider would earn $984,200 US in Manitoba, but much less with Vancouver.

Raycroft said the situation doesn't need to be complicated.

"You just go out and try and stop the puck," he said yesterday after the Canucks skated for the first time at UBC's Doug Mitchell Thunderbird Sports Centre. "We're not doing rocket science out there.

"There is always competition. You just go out and work hard."

Coach Alain Vigneault said the exhibition season will probably determine who gets the job.

"At the end of the day, I think they are going to decide who ever plays the best," he said.

Schneider has been considered the heir apparent to Luongo. The former first-round draft pick led the Manitoba Moose, Vancouver's farm team, to the Calder Cup final this season and was named the top goalie in the American Hockey League.

THE CANADIAN PRESS

Favre leads Vikings to win

NFL ROUNDUP Brett Favre threw a six-yard touchdown pass to rookie Percy Harvin in his debut with the Vikings, and Adrian Peterson scored three touchdowns as the Vikings beat the Cleveland Browns 34-20.

Making his 270th consecutive start after returning from his second retirement, the 39-year-old Favre showed he can still fire the football with authority.

Elsewhere it was: New Orleans 45 Detroit 27; Denver 12 Cincinnati 7; Philadelphia 38 Carolina 10; New York Jets 24 Houston 7; Baltimore 38 Kansas City 24; Dallas 34 Tampa Bay 21; Atlanta 19 Miami 7; Indianapolis 14 Jacksonville 12; New York Giants 23 Washington 17; San Francisco 20 Arizona 16; Seattle 28 St. Louis 0; and Green Bay 21 Chicago 15.

THE ASSOCIATED PRESS

Clijsters caps comeback with title

U.S. OPEN Kim Clijsters has won the U.S. Open in just her third tournament back after 2½ years of retirement and 18 months after the birth of her daughter.

The unseeded, unranked Belgian beat No. 9 Caroline Wozniacki of Denmark 7-5, 6-3 last night to become the first mother to win a Grand Slam title since Evonne Goolagong Cawley at Wimbledon in 1980.

Roger Federer will face Juan Martin del Potro for the men's title tonight.

THE ASSOCIATED PRESS

NICK LAHAM/GETTY IMAGES

Kim Clijsters returns a shot to Caroline Wozniacki during the women's singles final at the U.S. Open yesterday. Clijsters won 7-5, 6-3 to take the title.

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Metro Workology exclusive: Skilled Trades
For the month of September, Metro's Workology section will be focusing on the extremely lucrative and soon to be booming employment sector of skilled trades. So be sure to read Workology and Metronews.ca/work every day.

Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

'Green' your garage

You can make your roof a living plant oasis

OddJobs

Colin Viebrock's garage is very cool. It's custom made with stylish wooden slats on its exterior walls and a workshop inside. Plus it has a garden on the roof.

The pretty mixture of sedum, lavender, chives and other low plants lowers the surrounding air temperature — very cool — in summer, and helps insulate the garage in winter.

Viebrock, 38, had no intention of being on the cutting edge of green innovation when he sold his share of a downtown Toronto Internet company back in 2005. "I decided I wanted to build something real as opposed to things that weren't really real."

He didn't know what that was, but he'd always loved architecture and design and knew the design program AutoCAD. His garage was about to fall down and he called around trying to find someone to help him put a green roof on it. No one would work in such a small space.

Seen here is one of the green roof gardens that Colin Viebrock and his company, Green Garage, have installed.

So he spent the summer of 2006 rebuilding the garage and equipping it with a roof garden — the roof tilts slightly so he can see the greenery from the third floor of his house.

The blog he wrote about the project garnered interest. So that winter he took some home renovation courses at nearby George Brown College and then launched Green Garage and began installing green roofs on everything from sheds to houses.

For existing buildings, Viebrock starts by having an engineer assess the structure to see if it can withstand a minimum of three inches of soil. (When Viebrock designs the building, he makes it tough enough to take six inches.)

Viebrock then builds up the garden in layers, including a waterproof membrane, small rocks or gravel (for drainage) and an irrigation drip line.

Then comes a special lightweight soil that's a mix of compost and crushed stones and brick, which he carried up on the roof by hand using a ladder.

Finally, Viebrock puts in the plants — he's always experimenting to find a bigger variety that will grow on roofs.

He returns for a few visits after an install to check on the roof and do some weeding. Within about two years, garden fully fills in and needs little maintenance.

For small jobs, Viebrock will work alone using a rented van, but he'll hire a team for larger projects.

He can build a roof garden almost any time of year, but the final planting happens in just the fall and spring.

In the winter, Viebrock keeps busy doing interior designs and renovations.

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

The Lowdown

Job title: Green roofer
Education/training: Learned through a home renovation program, by reading about it and doing it
Best part of the Job: "Getting in the dirt. And getting a garden in and seeing it fill out."
Worst part of the Job: "Carrying the stuff up to the roof can be a bit tricky. And telling someone they can't do a garden on their roof."

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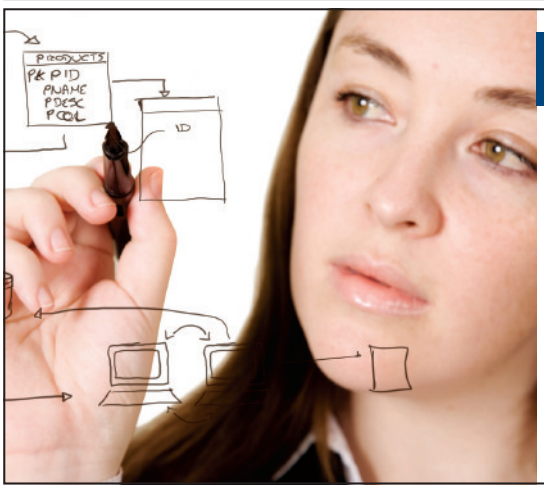
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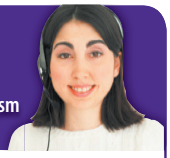
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Getting stay-at-home moms back to work

JON TATTRIE
for Metro Canada

As spouses lose jobs and the pressure mounts to bring in money, the recession is forcing some stay-at-home parents back into the workforce sooner than expected.

"They're dealing with the fact that their education is now old, their skill set is often not up to par, particularly as to do with computers," says Anne Brunelle, an employment counsellor at Times Change Women's Employment Service, a not-for-profit organization based in Toronto. "It's a matter of figuring out what skill set they have been working on as stay-at-home moms that they can transfer into the workforce."

Jumping back into work after a decade or more can be scary. "They (may have been) expecting eventually to go back, but they thought they could take a bit of time. Then their spouse loses a well-paying job and they both end up looking for survival jobs so they can keep the house and keep the kids fed," Brunelle says.

Many stay-at-home parents have been involved in volunteer work through sports their kids are involved in, or may have written newsletters for the school or helped with fundraising. These are "transferable skills" that can spruce up a dusty resumé.

"We have a career-planning workshop … where women tell the stories of tasks they've done and then the rest of the group tells them what they saw as skills and accomplishments," she says.

"For women who are desperate in the short term, we figure out what they can do that is not so skilled. How can they sell themselves as someone who works at a grocery store, even though that wasn't what they had done before and they may be well overeducated for it?" she says. "It can very difficult to say, 'I've was a librarian and have my master in library sciences, but they no longer recognize what I've got. I have to do something; do I end up working in a book store where I used to run a library?'"

Once the basic fiscal emergency has passed, parents can use courses at colleges or public libraries to update their computer skills. Many clients Brunelle sees don't have email accounts: Get one, or you'll look outdated.

"The Facebook account you share with the kids isn't enough," she says. Then, look at furthering education. "While employers may not recognize a 15- or 20-year-old education, education institutes sometimes will."

That can slingshot you back into a career path that is satisfying — and pays the bills.

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Returning officers are appointed for a 10-year period and are responsible for ensuring the integrity of the electoral process. They must remain non-partisan throughout their period in office.

Remuneration is governed by regulation. Current fees for an election period are approximately $21,500. The hourly rate for special assignments between elections (approximately 200 hours per year) is $45.18 per hour. These rates are subject to annual review.

Visit Elections Canada's Web site at www.elections.ca. Click on "Returning Officer" to download the application form, the job description and other relevant documents. For more information or for a copy of these documents, you may also call 1-800-463-6868.

Applications must be received by midnight on September 22, 2009.

Cette offre d'emploi est également disponible en français à www.elections.ca.

Elections Canada is an independent body set up by Parliament to conduct federal elections, by-elections and referendums.

Baby on the way for Brady
Tom Brady is finally talking about the good news: Wife Gisele Bündchen is, indeed, pregnant. In an interview on ESPN's SportsCenter, the 32-year-old quarterback reveals that the couple expects its baby-on-the-way in December. PEOPLE.COM

Entertainment

Role revival
Johnny Depp has confirmed he's sailing back to the Pirates of the Caribbean franchise by appearing as Captain Jack Sparrow at Friday's D23 Expo in Anaheim, Calif. FEMALEFIRST.CO.UK

EDITOR: DEAN.LISK@METRONEWS.CA

Back from the dead

Matt Damon is alive, well and promoting new movie

PHIL BROWN
for Metro Canada

Contrary to news circulating on the internet, Matt Damon is not dead. He's very much alive and was laughing about the ridiculous rumour at a TIFF press conference.

"I don't know why that happens. That's a really reckless thing to do. I had to call my parents and everything," said the actor. "I got forwarded the story and when you read it, it just gets sillier and sillier.

"By the end the guy who is supposed to be my agent is quoting the lyrics from the Fresh Prince Of Bel-Air. And yet my publicist got all these phone calls from very reputable sources. CNN called, the Boston Globe called. It was crazy."

Fortunately the living Damon was able to visit Toronto to promote The Informant, a new collaboration with director Steven Soderbergh in which the actor plays a bi-polar executive whistle-blower who awkwardly goes undercover for the FBI.

It's one of the actor's finest performances and one that he gained 30 pounds for a la Robert DeNiro in Raging Bull.

"I sent (Steven Soderbergh) an email about two months before we were going to make it asking, 'What do you want this guy to look like physically?' He just wrote back 'doughy,'" revealed Damon. "The rational was that Steven didn't want any hard edges on the character. He wanted him undefined as a metaphor for his personality. Of course, I only found out when I got there. I didn't question it. I just started eating," joked the actor.

Matt Damon relished his physical change for the film, "It felt fantastic. I just ate whatever I wanted and thought about nothing but the screenplay and the other actors," said Damon. "It was really nice to not think about anything else, compared to a Jason Bourne movie where I come home from work and have to go straight to the gym. It takes too much time away from my family. I just prefer to eat."

The physical change pays off dividends in an almost chameleon-like performance from Damon. The actor's strong work is the centerpiece of a movie that Damon revealed he and Soderbergh had been toying with for years. "Scott Burns wrote it seven years ago and we've been sitting on it. We would refer back to it once or twice a year and we'd examined it enough to know that all the answers we needed were in the actual text when we started shooting. It was almost like doing a play."

DARREN CALABRESE/THE CANADIAN PRESS

Matt Damon is promoting his new movie The Informant.

Fey wins Emmy for Palin mimicry

Tina Fey received an Emmy Award for her impersonation of Republican vice-presidential contender Sarah Palin on the TV comedy show Saturday Night Live.

Accepting her trophy for best guest actress in a comedy, Fey thanked SNL producer Lorne Michaels and her parents, "who are lifelong Republicans, for their patience."

She was honoured at the Creative Arts Primetime Emmys, which recognize technical and other achievements for the 2008-09 season and preceded next weekend's main ceremony. Fey has the chance for more awards: She could repeat last year's win as best actress in a comedy series for 30 Rock, and the show also could again claim top comedy honours.

GETTY IMAGES

Tina Fey

Justin Timberlake was another SNL winner Saturday, honoured as best guest actor in a comedy series.

On the drama side, Michael J. Fox won the guest actor award for his turn on Rescue Me, and Ellen Burstyn was honoured as best guest actress for Law&Order: Special Victims Unit.

"I always wanted one of these," Burstyn said, winning her first Emmy after being nominated five times.

Neither Timberlake nor Fox were on hand to accept. THE ASSOCIATED PRESS

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Miller's ocean inspiration
Nicole Miller seemed to take inspiration from the ocean for her 2010 spring collection: There were mashups, slashes and asymmetrical dresses. THE ASSOCIATED PRESS

A softer, gentler look

NY Fashion Week puts away the armour for spring 2010

Since the economic downturn began, fashion designers have brought us plenty of hard-edged looks: rock-star leather, gladiator shoes, '80s-style shoulder pads.

The message was clear enough — fashion was preparing us for battle.

But for spring 2010, designers seem to be asking instead: Who wants a hug?

A softer, easier look dominated as New York Fashion Week entered its third day on Saturday. The look was, if not comfortable, at least less armour-like. At Adam, the soothing cream-and-beige palette was jazzed up just a bit with copper discs and seashells, and the heart of the Lacoste collection were easy, breezy apres-beach styles.

There were also several vibrant and optimistic looks: Lacoste sent models out for a finale in bright, sunshine yellow, from sunglasses to slip-on flats. Georges Chakra presented a series of candy-colored dresses.

But such a sunny disposition seemed a little out of place at the Mercedes-Benz Fashion Week tents, where the audience was still in almost all black, shod in gladiator sandals or studded boots.

Lay down your armour? The crowd says, not yet.

Christian Siriano

Designers from Project Runway have come and gone — sadly, mostly gone. But Christian Siriano has shown he plans to stay.

Siriano's spring 2010 collection was his third following his stint on the reality show, and in that time he's made his way to the windows of Saks Fifth Avenue and to the shoe aisles of Payless.

The collection was a lush take on Mediterranean travel, concluding with three intricate ball gowns that elicited spontaneous applause from a crowd that included actresses Mena Suvari and Tori Spelling and model Alessandra Ambrosio.

Adam

Adam Lippes' spring collection continued the season's move toward an easier, more elegant silhouette. The clothes also had a feeling of luxury — even if it was understated — something that had largely been missing from fashion the last season or two.

The cream ostrich feather skirt with wood and shell embroidery certainly made a statement, but paired with a simple linen tank, struck the right balance. A grey silk trench oozed sophistication.

An interpretation of a floral print had sharper lines than one typically expects from girlie flowers, but that gave it a modern feel and kept with the idea of a season of transition.

Lacoste

Fashion Week is all about what's new, what's next, but that doesn't mean the basics should get bashed. Lacoste creative director Christophe Lemaire sent out a spring collection that was cheerful, youthful and wearable — nothing wrong with that.

Starting off with tennis whites, most styles were cut long and lean, including the polo shirts.

The heart of the collection was the easy, beachy clothes that were inspired by 1920s photos of Jacques-Henri Lartigue, who "captured a generation of leisure for whom life was simple, sporty and chic." THE ASSOCIATED PRESS

RICHARD DREW/AP PHOTO

GETTY IMAGES

Christian Siriano's New York runway show culminated with intricate, lush ball gowns; while Lacoste captured the simple, sport chic 1920s generation (far left).

Wu-ing the crowd

• Jason Wu seemed to have a different woman in mind: someone who could get away with feathers and very short skirts. Not that there weren't outfits for Mrs. Obama, who famously wore Wu's designs to the inaugural ball. There were tweed pants- and skirt-suits that were ladylike but not dated or stiff. THE ASSOCIATED PRESS

You don't know Jack
Jack Osbourne swears at girls when they flirt with him. The Adrenaline Junkie host hates it when women he doesn't know try to speak to him. FEMALEFIRST.CO.UK

Gekko gets wild reactions: Douglas

TIFF TALK Michael Douglas says he's amazed that his Wall Street character Gordon Gekko has become so iconic. Douglas, 64, is currently reprising the role for a Wall Street sequel. Directed by Oliver Stone, it co-stars Shia LaBeouf, Josh Brolin and Frank Langella. The actor says the reaction to Gekko is "the wildest thing he's ever seen" and joked that he's often approached by drunken investment bankers who want to discuss the character. Douglas made the comments at the Toronto International Film Festival, where he's promoting Solitary Man. THE CANADIAN PRESS

In brief

TIFF TALK Oprah Winfrey says audiences shouldn't be daunted by the dark subject matter of her latest film project. Winfrey is the executive producer of Precious: Based on the Novel 'Push' by Sapphire, which is screening at the Toronto International Film Festival. It's about an obese Harlem teen who is the victim of repeated sexual abuse.
THE CANADIAN PRESS

Box office

Following are the top 10 films at the North American box office for the weekend beginning Sep. 11, according to studio estimates:

1. **Tyler Perry's I Can Do Bad All By Myself:** $24.03 million US
2. **9:** $10.9 million
3. **Inglourious Basterds:** $6.5 million
4. **All About Steve:** $5.8 million
5. **The Final Destination** $5.5 million
6. **Sorority Row:** $5.3 million
7. **Whiteout:** $5.1 million
8. **District 9:** $3.6 million
9. **Julie & Julia:** $3.3 million
10. **Gamer:** $3.15 million

THE ASSOCIATED PRESS

Kenya's Style

Kenya Hunt
Read the blog at metronews.ca/kenyasstyle

For complete online movie listings, trailers, reviews and tickets, visit: metronews.ca/movies

In search of husband

The Wife's Tale

Authors: Lori Lansens
Publisher: Knopf Canada
Price: $29.95 (Hardcover)

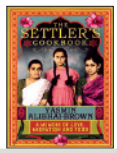
Mary Gooch has grown unhealthily helpless in Leaford, Ont., drifting from her husband, decaying at a tedious job and depressed by her constant struggle with weight as a result of excessive eating. On the Gooch's 25th wedding anniversary, Mary's husband suddenly goes missing, forcing her to find the courage she's never had to muster. Mary takes a plane to Los Angeles, Calif., spurring a cross-country trip to find her missing high school sweetheart. In the process, Mary discovers herself, introduced to social and cultural differences that change her outlook on life and mobilize her to overcome her obesity.

More Than It Hurts You

Author: Darin Strauss
Publisher: Plume
Price: $18.50 (Paperback)

Long Island, N.Y., salesman Josh Golden's family and entire judgment system are shattered the day his eight-month-old son Zack is rushed to hospital. The infant had very recently suffered serious, unexplainable symptoms, but pediatric head Dr. Darlene Stokes places diagnosis instead on Josh's wife Dori, suspecting she has Munchausen syndrome. The ailment pinpoints the parent as the cause of injury in order to gain attention, shocking Josh. Suddenly, he's pitted against his wife, lawyers, media and the state, caught up in a battle for his son, coloured by his own racial and class-based biases.

BookPicks



The Settler's Cookbook

Author: Yasmin Alibhai-Brown
Publisher: Protobello Books
Price: $29.95 (Hardcover)

In Yasmin Alibhai-Brown's succulent new memoir, the multicultural commentator traces her heritage in terms of travel and the tongue. Her 19th century ancestors left India for East Africa to pursue work, then were forced from Uganda as part of an Asian purge in 1972 and finally settled in the U.K. Their historically transitioning sense of home is expressed through cultural variations on food Alibhai-Brown has experienced, acting as equal parts family biography and cookbook. From hot mango marmalade to Jena's Shepherd's Pie, Alibhai-Brown brings readers on a palatable journey through the past.
BRIAN COULTON/ FOR METRO CANADA

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	254	-	9 OMNI	Two/Half Men	Two/Half Men	Omni News: Mandarin Edition		News: Cantonese Edition		Omni News: Punjabi Edition		The Simpsons
	250	321	5 CTV	etalk (CC)	Hollywood	America's Got Talent The remaining eight acts perform. (CC)				CSI: Miami "Seeing Red"		CTV News
	-	-	10 JOY	Frasier (CC)	The Insider	Daily Weekend Edition (CC)		Poltergeist: The Legacy		Perspectives	Ek Noor (N)	New Day
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	253	359	13 CITY	Law & Order: SVU		Conviction Kitchen		Law & Order: UK "Unloved"		The Jay Leno Show (CC)		The CityNews
	-	-	14 CW	Deal-No Deal	Deal-No Deal	One Tree Hill (CC)		Gossip Girl (CC)		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	Entertainment	The Insider	How I Met	How I Met	Two/Half Men	Big Bang Th	CSI: Miami "Seeing Red"		KIRO News
	287	379	16 NBC	Evening Mag.	Inside Edition	America's Got Talent The remaining eight acts perform. (CC)				The Jay Leno Show (CC)		KING 5 News
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	288	380	24 ABC	Wheel-Fortune	Jeopardy!	Dreamgirls ★★★ (2006) Jamie Foxx. Three singers learn that fame has a high price. (CC)						KOMO 4 News
	-	-	28 KVOS	M*A*S*H	Seinfeld	Two Days ★ (2003, Comedy-Drama) Paul Rudd, Donal Logue.				King	Cheers (CC)	Seinfeld
	291	383	27 PBS	Steves Europe	Antiques	Antiques Roadshow (CC)		Dr. Wayne Dyer: Excuses Begone! (CC)				
	290	382	23 FOX	Two/Half Men	Two/Half Men	House "Under My Skin; Both Sides Now" (PA) (CC)				Q13 FOX News at Ten (N)		Family Guy
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	298	653	35 TLA	Two/Half Men	Two/Half Men	One Tree Hill (CC)		Gossip Girl (CC)		KTLA Prime News (CC)		Friends (CC)
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news	502	390	29 NW	Conspiracy Files Lockerbie		CBC News: The National (N)		CBC News: The National		Conspiracy Files Lockerbie		National
	500	500	33 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22 RSP	Sportsnet	NHL Preseason Hockey New York Islanders vs. Vancouver Canucks. (Live)					Sportsnet Connected		Sportsnet
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	557	541	51 FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
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	615	520	61 A&E	Hoarders "Kerrylea; Lauren"		Paranormal	Paranormal	Intervention "Jason" (CC)		Intervention (CC)		Hoarders
	628	584	62 SPKE	(:07) UFC 75: Champion vs. Champion							I Bet You Will	Disorderly
	521	560	64 TLC	Ultimate Cake Off (N) (CC)		Jon & Kate Plus 8 (CC)		Jon & Kate	Jon & Kate	Ultimate Cake Off (CC)		Dress
	616	522	65 SHO	The Outer Limits (CC)		Loch Ness Terror (2008) Brian Krause, Don S. Davis. (CC)				Bones "Woman at the Airport"		NCIS (CC)
	620	523	40 BVO	Standing	Bravonews	Law & Order (CC)		Without a Trace "Crossroads"		Who Is Cletis Tout? ★★ (2001) (CC)		
	601	562	41 SLC	Plastic-Perfect	Plastic-Perfect	ET Canada	What	Biggest Loser Australia (CC)		Average Joe: Hawaii (CC)		Trading Sp
	520	505	42 DIS	Dirty Jobs "Mike's Day Off"		Daily Planet (CC)		MythBusters Sayings. (CC)		Dirty Jobs "Mike's Day Off"		Junk Raiders
	522	506	44 HIS	Hitler's Stealth Fighter (CC)		Patton 360 (CC)		Battles BC (CC)		Black Hawk Down ★★★ (2001) Premiere.		
	627	528	45 SPC	Sir Arthur Conan Doyle		Stargate SG-1 (CC) (DVS)		Star Trek: Next Gener.		Star Trek: Voyager (CC)		Sir Arthur
	294	650	47 TBS	Name Is Earl	Name Is Earl	Seinfeld	Sex and-City	Sex and-City	Son-in-Law ★ (1993) Pauly Shore, Carla Gugino. (CC)			
	619	525	48 TROP	Raymond	Raymond	The Outer Limits "Ripper"		ET Canada	Comeback	Family Guy	Raymond	Raymond
	603	561	52 FN	At the Table	At the Table	Restaurant Makeover (CC)		Unwrapped	Unwrapped	Top Chef: Las Vegas (CC)		Food
	-	-	53 AMC	(5:00) My Girl	Mad Men "The Fog" (CC)		(:32) October Sky ★★★ (1999) Jake Gyllenhaal, Chris Cooper. (CC)					Mad Men
	626	547	57 COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	The Comedy Central Roast		Daily Show
	320	621	60 CEN	(6:30) Frontrunners (2008)		Tracey Ullman	Penn & Teller	Nurse Jackie	Californication	Dexter "I Had a Dream"		Durham
	581	566	161 MTV	16 and Pregnant "Farrah"		MTV Live	After	Daddy's Girls	Daddy's Girls	16 and Pregnant "Farrah"		MTV Live
	261	394	102 V	Unscripted	Archaeologist	Poltergeist: The Legacy		The Fabulous Baker Boys ★★★ (1989) Jeff Bridges, Michelle Pfeiffer. (CC)				
	-	-	189 MUL	Banquet	Kingdom-Wind	Can't Live Without Her		Marimar		Pinoy	Pinoy Records	Patrol World

critics'corner

The Jay Leno Show
So it is a promotion or a ticket to the ratings slaughterhouse? Former "Tonight Show" host Jay Leno moves to prime time for this weeknight talk-variety hour that many in the industry are viewing with a skeptical eye. There's little doubt, though, that Leno is leading with a strong roster of guests: comic Jerry Seinfeld, Jay-Z, Rihanna and Kanye West. 10 PM on NBC, CITY

Super Spellers
Spelling bees are boring? If you think so, you've never been in one. This new series, airing over five nights, follows some of Canada's most skilled spellers 10 to 12 years old as they compete for a scholarship, a computer and the title of Canada's Super Speller. Evan Solomon hosts as they compete in a traditional spelling bee, a "speed spell" and a word-unscrambling contest. The competition is intense, and emotions run high. 8 PM on CBC

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Celebrity Buzz

No Idol judging for Gaga

JUDGE NOT LEST YE BE JUDGED

Lady Gaga hates TV talent shows, femalefirst.co.uk reports. The singer has no interest in being a judge on American Idol, insisting she would find it difficult to criticize someone else's talent. She said: "I did appear on the show but I am not going to be a judge. I generally feel uncomfortable judging other artists anyway. I don't feel that a musician's life is a contest." Gaga has also slammed shows that thrust new artists straight into the limelight, claiming they should spend time nurturing their talent. She said: "It's more about growing and struggling and playing live. It would be very uncomfortable for me to judge someone else."

GETTY IMAGES PHOTOS

A host of celebrity judges including Victoria Beckham, Shania Twain and Mary J. Blige have appeared on American Idol after Paula Abdul decided not to return for the new season. Last week, it was announced Ellen DeGeneres has replaced Paula on the judging panel, alongside Simon Cowell, Randy Jackson and Kara DioGuardi.

METRO NEWS SERVICES

Surgery led to 'perfect storm': Mischa

TIME TO GET A NEW DENTIST

Mischa Barton is finally telling her own side of the story of how she wound up in a psychiatric ward in July. Barton claims the pain from a botched wisdom teeth removal sent her over the edge. "It was sort of one of those things that was like a perfect storm," Barton told Barbara Walters on the View.

"I had so much work to do and the surgery had gone so badly for me. And I think that I was just starting to feel completely overwhelmed. It was just too much to have this surgery go so wrong."

METRO WORLD NEWS

Celebrity tweets

Heidi Montag feels the sonic boom that hit Los Angeles, Tila Tequila calls out her critics, MC Hammer dispenses fashion advice, and Jonathan Ross feels the pangs of loss.

• @heidimontag wow did anyone else feel that blast? I just thought my house was going to collapse!!! my heart is still beating so fast!! whooo

• @OfficialTila yea...people hate on me cuz I have $4 million dollars in the bank and more coming in. My new company has staff who used 2 work 4 bill gates.

• @MCHammer New Rule. Fat out of shape (double-belly) dudes, can't talk bad about Skinny Jeans..LOL It ain't right ya'll !!!

• @wossy Good morning/afternoon everyone. I am an idiot. I lost my iphone yesterday! I know the phone can be replaced, but I had such a LOVELY case!

METRO WORLD NEWS

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Tuesday Variable 19° / 15°
Wednesday Showers 40% 18° / 14°

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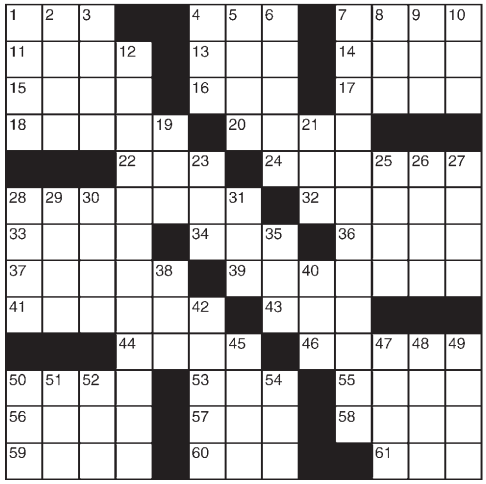
Take Five



ACROSS

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DOWN

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47 Lummox
48 Engrave
49 Gather leaves
50 Pirouette pivot
51 With it
52 Inseparable
54 Early bird?

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	6		9		4		2	
7			2		3			5
	1			8			7	
		3				2		
1	2						5	8
		5				9		
	5			4			1	
4			7		1			2
	3		6		9		8	

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

A	C	T	O	R	■	O	F	A
P	R	O	M	O	■	S	O	P
R	I	P	E	N	■	T	O	P
■	■	I	N	D	E	E	D	■
A	H	A	■	O	V	A	■	H
D	A	R	T	■	A	L	D	E
S	T	Y	R	O	N	■	O	N
■	■	■	E	S	S	A	Y	■
M	A	Y	B	E	■	R	E	M
O	D	I	E	■	D	E	N	I
T	O	P	K	N	O	T	■	D
O	R	E	■	A	S	H	■	S
R	E	S	■	P	E	A	■	T

A	F	B	■	A	F	B	3	5
L	E	A	■	L	E	A	1	9
P	C	O	A	T	■	H	O	S
H	O	S	T	■	H	E	F	T
E	F	T	Y	■	■	■	■	■
■	■	■	■	■	■	■	■	■
O	N	E	T	W	O	■	■	■
Y	O	D	A	■	■	■	■	■
P	S	T	■	■	■	■	■	■
I	R	O	■	■	■	■	■	■
I	N	A	R	■	■	■	■	■
S	T	Y	L	E	■	■	■	■
T	E	M	P	T	■	■	■	■

7	9	2	6	1	8	3	5	4
4	6	8	7	5	3	1	9	2
5	1	3	9	4	2	8	7	6
2	7	4	1	9	5	6	3	8
9	5	1	8	3	6	2	4	7
8	3	6	4	2	7	5	1	9
3	4	9	2	8	1	7	6	5
1	8	7	5	6	4	9	2	3
6	2	5	3	7	9	4	8	1

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day

Halibut with Egg Sauce

INGREDIENTS:

4 fresh or frozen and thawed halibut steaks, 1 in. (2.5 cm) thick
1 tbsp (15 ml) butter or margarine, melted
1 tbsp (15 ml) lemon juice
1/2 tsp (2 ml) garlic powder
1/4 tsp (1 ml) salt
1/8 tsp (0.5 ml) black pepper
Egg sauce (see below)

METHOD:

1. Preheat broiler. Rinse fish and pat dry. In small bowl, combine butter, lemon juice, garlic powder, salt, and pepper. 2. Arrange fish on lightly greased rack of broiler pan. Brush fish with half of butter mixture. Broil 5 inches from heat for 5 minutes. Using wide spatula, carefully turn fish over. Brush with remaining butter mixture. Broil 5 to 7 minutes more or until fish flakes when tested with fork. Serve with Egg Sauce.

EGG SAUCE:

In medium-size pot, whisk together 1/2 cup (125 ml) coffee cream, 2 tbsp (25 ml) all-purpose flour, 1/2 tsp (2 ml) dry mustard and 1/8 tsp (0.5 ml) each salt and black pepper. Whisk in 1/2 cup (125 ml) chicken broth. Cook over moderate heat, whisking constantly, 7 minutes or until mixture is thickened and bubbly. Stir in 2 chopped hard-boiled eggs and 1 tbsp (15 ml) minced parsley; heat through.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
Others may be impatient for you to commit yourself but if you are smart, you will hold back from getting involved.

TAURUS ♉
APRIL 21-MAY 21
Even your best-laid plans may fall apart at the seams today, so don't expect too much. Try to adopt a relaxed and forgiving attitude.

GEMINI ♊
MAY 22-JUNE 21
Don't worry too much if things don't work out as expected today because it's only a temporary setback. Have more patience with yourself.

CANCER ♋
JUNE 22-JULY 22
No matter how much others may beg you to loosen the purse strings today you must continue to say no.

LEO ♌
JULY 23-AUG 23
Passions will be running high today and there is no telling where they might lead, so think before you speak.

VIRGO ♍
AUG 24-SEPT 22
Temptation will come knocking today and you will have a hard time saying no. The planets warn that if you give in, you may regret it later on.

LIBRA ♎
SEPT 23-OCT 23
You may find it hard to control your emotions today as Jupiter, planet of exaggeration, brings out the jealous side of your nature.

SCORPIO ♏
OCT 24-NOV 22
Certain people are determined to find fault with your efforts and all you can do is sit tight and wait for the storm to blow over.

SAGITTARIUS ♐
NOV 23-DEC 21
Close your ears to gossip and rumour because hardly any of what you hear over the next 24 hours will be true.

CAPRICORN ♑
DEC 22-JAN 20
You may be tempted to get involved in a situation that you know is none of your business. Don't do it!

AQUARIUS ♒
JAN 21-FEB 18
The more others urge you to make changes the more you must resist. Sit tight. Things will get better.

PISCES ♓
FEB 19-MARCH 20
Something you have grown used to will go out of your life today but the fact is it has been taking up more space than it deserves for quite some time.

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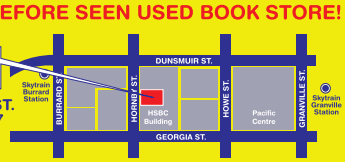

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POWER SUNROOF	✔	X	X
FOG LIGHTS	✔	X	X
REMOTE KEYLESS ENTRY	✔	X	X
CRUISE CONTROL	✔	X	X
ON STAR☆	✔	X	X
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49 MPG HIGHWAY▲

Chevrolet Cobalt SS shown with available equipment.

2009 CHEVROLET COBALT LT

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Additional Discount -4,922

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16" ALUMINUM WHEELS	✔	X	X
REMOTE KEYLESS ENTRY	✔	X	X
POWER DOORS / LOCKS	✔	X	X
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